

デジタルパターン（3・5・1・7）の練習譜

コードの3度・5度・ルート・7度の順に弾き、7度から次のコードの3度へ降ります。TABの上は度数。テンポは決めず、まず考えながらゆっくり（4分音符）。慣れたら自分でも運指パターンを考えてみてください。

7thコードの4度進行（12キー）

3・5・1・7の並びで、7度から次のコードの3度へ半音で降ります。まずはここから。

	1 C7	2 F7	3 B $\flat$ 7	4 E $\flat$ 7
1弦	3 5 1 $\flat$ 7	3 5 1 $\flat$ 7	3 5 1 $\flat$ 7	3 5 1 $\flat$ 7
6弦	5 3 5 3	2 5 6 4	3 6 6 4	3 6 4 2

	5 A $\flat$ 7	6 D $\flat$ 7	7 G $\flat$ 7	8 B7
1弦	3 5 1 $\flat$ 7	3 5 1 $\flat$ 7	3 5 1 $\flat$ 7	3 5 1 $\flat$ 7
6弦	1 4 9 7	6 6 6 4	3 2 2 5	4 2 7 5

	9 E7	10 A7	11 D7	12 G7
1弦	3 5 1 $\flat$ 7	3 5 1 $\flat$ 7	3 5 1 $\flat$ 7	3 5 1 $\flat$ 7
6弦	4 7 12 10	9 12 10 8	7 10 10 8	7 10 8 6

M7の4度進行（12キー）

7thと同じ場所で、7度を半音上げるだけ。7度→次の3度は全音。

	1 CM7	2 FM7	3 B $\flat$ M7	4 E $\flat$ M7
1弦	3 5 1 7	3 5 1 7	3 5 1 7	3 5 1 7
6弦	5 3 5 4	2 5 6 5	3 6 6 5	3 6 4 3

	5 A $\flat$ M7	6 D $\flat$ M7	7 G $\flat$ M7	8 BM7
1弦	3 5 1 7	3 5 1 7	3 5 1 7	3 5 1 7
6弦	1 4 9 8	6 6 6 5	3 2 2 6	4 2 7 6

	9 EM7	10 AM7	11 DM7	12 GM7
1弦	3 5 1 7	3 5 1 7	3 5 1 7	3 5 1 7
6弦	4 7 12 11	9 12 10 9	7 10 10 9	7 10 8 7

m7の4度進行（12キー）

7thと同じ場所で、3度を半音下げるだけ。7度→次の3度は全音。

Diagram showing the 4th degree progression for m7 chords across 12 keys, organized in three rows of four. Each diagram shows the 1st and 6th strings with fret numbers and chord names.

Row 1:

- 1 Cm7: 1st string (b3, 5, 1, b7), 6th string (4, 3, 5, 3, 1, 5, 6, 4, 2, 6, 6, 4, 2, 6, 6, 4, 2)
- 2 Fm7: 1st string (b3, 5, 1, b7), 6th string (1, 5, 6, 4, 2, 6, 6, 4, 2, 6, 6, 4, 2, 6, 6, 4, 2)
- 3 Bbm7: 1st string (b3, 5, 1, b7), 6th string (2, 6, 6, 4, 2, 6, 6, 4, 2, 6, 6, 4, 2, 6, 6, 4, 2)
- 4 Ebm7: 1st string (b3, 5, 1, b7), 6th string (2, 6, 6, 4, 2, 6, 6, 4, 2, 6, 6, 4, 2, 6, 6, 4, 2)

Row 2:

- 5 G#m7: 1st string (b3, 5, 1, b7), 6th string (4, 9, 7, 5, 6, 6, 4, 2, 2, 5, 3, 2, 7, 5, 2, 7, 5)
- 6 C#m7: 1st string (b3, 5, 1, b7), 6th string (5, 6, 6, 4, 2, 2, 5, 3, 2, 7, 5, 2, 7, 5, 2, 7, 5)
- 7 F#m7: 1st string (b3, 5, 1, b7), 6th string (6, 6, 4, 2, 2, 5, 3, 2, 7, 5, 2, 7, 5, 2, 7, 5, 2)
- 8 Bm7: 1st string (b3, 5, 1, b7), 6th string (3, 2, 7, 5, 2, 7, 5, 2, 7, 5, 2, 7, 5, 2, 7, 5, 2)

Row 3:

- 9 Em7: 1st string (b3, 5, 1, b7), 6th string (3, 7, 12, 10, 8, 12, 10, 8, 6, 10, 10, 8, 6, 10, 10, 8, 6)
- 10 Am7: 1st string (b3, 5, 1, b7), 6th string (8, 12, 10, 8, 6, 10, 10, 8, 6, 10, 10, 8, 6, 10, 10, 8, 6)
- 11 Dm7: 1st string (b3, 5, 1, b7), 6th string (6, 10, 10, 8, 6, 10, 10, 8, 6, 10, 10, 8, 6, 10, 10, 8, 6)
- 12 Gm7: 1st string (b3, 5, 1, b7), 6th string (6, 10, 10, 8, 6, 10, 10, 8, 6, 10, 10, 8, 6, 10, 10, 8, 6)

m7b5の4度進行（12キー）

m7から、さらに5度を半音下げるだけ。7度→次の3度は全音。

Diagram showing the 4th degree progression for m7b5 chords across 12 keys, organized in three rows of four. Each diagram shows the 1st and 6th strings with fret numbers and chord names.

Row 1:

- 1 Cm7b5: 1st string (b3, b5, 1, b7), 6th string (4, 2, 5, 3, 1, 4, 6, 4, 2, 5, 6, 4, 2, 5, 6, 4, 2)
- 2 Fm7b5: 1st string (b3, b5, 1, b7), 6th string (1, 4, 6, 4, 2, 5, 6, 4, 2, 5, 6, 4, 2, 5, 6, 4, 2)
- 3 Bbm7b5: 1st string (b3, b5, 1, b7), 6th string (2, 5, 6, 4, 2, 5, 6, 4, 2, 5, 6, 4, 2, 5, 6, 4, 2)
- 4 Ebm7b5: 1st string (b3, b5, 1, b7), 6th string (2, 5, 6, 4, 2, 5, 6, 4, 2, 5, 6, 4, 2, 5, 6, 4, 2)

Row 2:

- 5 G#m7b5: 1st string (b3, b5, 1, b7), 6th string (4, 3, 9, 7, 5, 5, 6, 4, 2, 1, 2, 5, 3, 1, 7, 5, 2)
- 6 C#m7b5: 1st string (b3, b5, 1, b7), 6th string (5, 5, 6, 4, 2, 1, 2, 5, 3, 1, 7, 5, 2, 7, 5, 2, 7, 5)
- 7 F#m7b5: 1st string (b3, b5, 1, b7), 6th string (6, 5, 6, 4, 2, 1, 2, 5, 3, 1, 7, 5, 2, 7, 5, 2, 7, 5)
- 8 Bm7b5: 1st string (b3, b5, 1, b7), 6th string (3, 1, 7, 5, 2, 7, 5, 2, 7, 5, 2, 7, 5, 2, 7, 5, 2, 7, 5)

Row 3:

- 9 Em7b5: 1st string (b3, b5, 1, b7), 6th string (3, 6, 12, 10, 8, 11, 10, 8, 6, 9, 10, 8, 6, 9, 10, 8, 6)
- 10 Am7b5: 1st string (b3, b5, 1, b7), 6th string (8, 11, 10, 8, 6, 9, 10, 8, 6, 9, 10, 8, 6, 9, 10, 8, 6)
- 11 Dm7b5: 1st string (b3, b5, 1, b7), 6th string (6, 9, 10, 8, 6, 9, 10, 8, 6, 9, 10, 8, 6, 9, 10, 8, 6)
- 12 Gm7b5: 1st string (b3, b5, 1, b7), 6th string (6, 9, 10, 8, 6, 9, 10, 8, 6, 9, 10, 8, 6, 9, 10, 8, 6)

枯葉（最初の16小節）

曲に当てる1曲目。Gm7→G7（7・8小節目と15・16小節目）は4度進行ではありません。

The tablature is organized into measures, each with a chord name above it. The first 16 measures are as follows:

- 1 Cm7: 1st string (3, 5, 1, 8), 6th string (8, 11, 10, 8)
- 2 F7: 1st string (3, 5, 1, 8), 6th string (10, 8, 7, 8)
- 3 B♭M7: 1st string (3, 5, 1, 7), 6th string (8, 7, 5, 8)
- 4 E♭M7: 1st string (3, 5, 1, 7), 6th string (5, 8, 8, 7)
- 5 Am7♭5: 1st string (3, 5, 1, 8), 6th string (5, 7, 5, 4)
- 6 D7: 1st string (3, 5, 1, 8), 6th string (4, 7, 7, 5)
- 7 Gm7: 1st string (3, 5, 1, 8), 6th string (3, 5, 3, 4)
- 8 G7: 1st string (3, 5, 1, 8), 6th string (3, 5, 3, 4)
- 9 Cm7: 1st string (3, 5, 1, 8), 6th string (4, 5, 3, 2)
- 10 F7: 1st string (3, 5, 1, 8), 6th string (2, 5, 6, 4)
- 11 B♭M7: 1st string (3, 5, 1, 8), 6th string (3, 6, 6, 5)
- 12 E♭M7: 1st string (3, 5, 1, 8), 6th string (3, 6, 4, 3)
- 13 Am7♭5: 1st string (3, 5, 1, 8), 6th string (5, 4, 8, 7)
- 14 D7: 1st string (3, 5, 1, 8), 6th string (7, 5, 10, 8)
- 15 Gm7: 1st string (3, 5, 1, 8), 6th string (6, 10, 8, 6)
- 16 G7: 1st string (3, 5, 1, 8), 6th string (7, 10, 8, 6)

Measure 17 is Cm7, with the 1st string (3) and 6th string (4) indicated, followed by three measures of rests.

酒とバラの日々（最初の16小節）

曲に当てる2曲目。1・2小節目（FM7・E♭7）、6小節目（Gm7の2小節目）、13小節目（A7=例外）は3・5・1・7ではありません。

1 FM7 2 E♭7 3 Am7♭5 4 D7

1 3 5 3 3 5 1 3 ♭3 ♭5 1 ♭7 3 5 1 ♭7

1弦
6弦

5 Gm7 6 Gm7 7 B♭m7 8 E♭7

♭3 5 1 ♭7 5 ♭3 1 5 ♭3 5 1 ♭7 3 5 1 ♭7

1弦
6弦

9 Am7 10 Dm7 11 Gm7 12 C7

♭3 5 1 ♭7 ♭3 5 1 ♭7 ♭3 5 1 ♭7 3 5 1 ♭7

1弦
6弦

13 A7 14 Dm7 15 Gm7 16 C7

1 5 3 ♭7 ♭3 5 1 ♭7 ♭3 5 1 ♭7 3 5 1 ♭7

1弦
6弦

17 FM7

3

1弦
6弦

The image displays guitar tablature for the first 17 measures of the song 'Sake and Roses'. It is organized into four systems of four measures each, with the final system containing only one measure. Each measure is labeled with a measure number and a chord symbol. The first system (measures 1-4) includes chords FM7, E♭7, Am7♭5, and D7. The second system (measures 5-8) includes Gm7, Gm7, B♭m7, and E♭7. The third system (measures 9-12) includes Am7, Dm7, Gm7, and C7. The fourth system (measures 13-16) includes A7, Dm7, Gm7, and C7. The final measure (17) is FM7. The tablature shows fingerings (1-5) and specific notes (♭3, ♭5, ♭7) for each measure. The first three measures of each system are played on the 6th string, while the fourth measure of each system is played on the 1st string. Measure 17 is a single-note pattern on the 1st string.